

Lamb heart of rump ~4kg frozen



Product code	800741
EAN code	02360930300006
Selling unit	kg
Country of origin	Finland
Country of manufacture	Finland
Brand	Rönkä
Shelf life (days)	730
Net weight	400 g
Energy	561 kJ (134 kcal)
Carbohydrate	0 g
Protein	20 g
Fat	6 g
Salt	0.1 g

The roast lamb is a wonderfully tender roast. Prepare the roast whole in the oven until juicy reddish. Also try the sous vide method.

Ingredient Statement

lamb roast beef

Consumer Storage Instructions

Preservation under -18C