

MSC Breaded plaice with prawns breaded a140g/5kg pre-fried frozen



Product code	99521
EAN code	05740301210665
Selling unit	box
Country of origin	Denmark
Brand	Royal Greenland
Shelf life (days)	540
Net weight	5000 g
Energy	982 kJ (235 kcal)
Carbohydrate	20 g
Protein	10 g
Fat	12.4 g
Saturated fat	1.4 g
Salt	1.17 g
Sugar	1.5 g

Ingredient Statement

Northern ROCK SOLE FILLET 41% (*Lepidopsetta polyxystra*, FAO 67, fishing method trawls), WHEAT FLOUR, water, rapeseed oil, DURUM WHEAT, potato starch, salt, yeast, sugar, WHEAT GLUTEN, pepper. Shrimp 13% (*Pandalus borealis*), water, FRESH CHEESE, corn starch, white wine, salt, sugar, spice, dill, dextrose. Pre-fried in rapeseed oil. May contain fish bones.

Allergen

Contains: Fish and their derivatives in the product,, Wheat and its derivatives, Milk and its derivatives, Cereals containing gluten and its derivatives, Crustaceans and their derivatives, Lactose

Consumer Storage Instructions

FROZEN. Store as frozen -18°C or colder. Never refreeze a thawed product.