

Mexican vegetable steak vegan 50g/5kg cooked frozen



Product code	3367
EAN code	06405263033675
Selling unit	box
Country of origin	Finland
Brand	Lagerblad Foods
Shelf life (days)	365
Net weight	5000 g
Energy	766 kJ (183 kcal)
Carbohydrate	23 g
Protein	5 g
Fat	7.1 g
Saturated fat	0.5 g
Salt	1.2 g
Fibre	5.5 g
Lactose	< 0 g
Sugar	3.1 g

Ingredient Statement

Broad bean, black bean, corn, peppers (red, yellow and green), modified corn starch, rice flour, onion, sugar, spices (cayenne, black pepper, onion, garlic, cumin, oregano), salt, lemon peel, rapeseed oil. Vegetable content 91 %.

Preparation Instructions

Cooking: Heating in the oven directly from the freezer.

Consumer Storage Instructions

below -18 °C. Do not freeze after thawing. Thawed below +6 °C for 2 days.